



Personal

Education: Johns Hopkins University, MPH
University of Pennsylvania, MSN
American University, BSN

Hometown: Bellport, New York

Family: Husband and three sons

Achievements

Number of years in practice: 15 years

Number of babies delivered: 2,400

Areas of specialty within OB/GYN: Healthy pregnancies, natural childbirth

Achievement you're most proud of: Giving birth to my boys at home!

Other professional achievements: March of Dimes Leadership Award

Continuing medical education activities: Attending conferences, reading journals

How you stay current on the latest OB/GYN trends: Attending conferences, reading journals

Patients

Essential patient philosophy: Caring for the entire woman, including her family, and not treating her as a medical problem to be solved.

Reflections

Why you became an OB/GYN specialist: To support women in making reproductive decisions throughout their lives.

What you enjoy most about your work: Helping women obtain the kind of birth experience that they want.

Most memorable delivery: Undiagnosed twins – I didn't know the second baby was coming until the first one was out!

Most important lesson learned: Listen to women; they know what's happening in their bodies.

Favorites

Most influential book: *The Red Tent*, by Anita Diamant

Favorite all-time movie: "The Wizard of Oz"

Favorite way to spend free time: With family, knitting, doing beading

Practical Matters

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