



CROZER-KEYSTONE SENIOR HEALTH SERVICES

will offer these fun, informational programs during the month of **November**:

Dining at Dusk

Crozer-Keystone's Senior Health Services Department is proud to present "Dining at Dusk," a low-cost dining program that offers free lectures geared toward seniors.

Making Your Way Through the Medicare Maze

Featuring Susan Bradley, administrative director of Crozer-Keystone Managed Care, and Margaret Stevens, triage clinician for Crozer-Keystone Senior Health Services

Thursday, Nov. 5 | 5-7 p.m.

Crozer-Chester Medical Center
One Medical Center Blvd., Upland

Wednesday, Nov. 11 | 4:30-6:30 p.m.

Delaware County Memorial Hospital
501 N. Lansdowne Ave., Drexel Hill

Meal costs \$5.30 and includes entrée, roll, choice of two sides, dessert and a fountain drink.

Senior Idol—Round 1

Tuesday, Nov. 17 | Noon-1:30 p.m.

Healthplex® Sports Club

Those 50 years and older are invited to the fourth annual Senior Idol competition, sponsored by Crozer-Keystone Health System. Any community member wishing to audition must pre-register by calling 1-800-CK-HEALTH (1-800-254-3258). Participants who receive the most votes will move on to the final round.

At the finale, all audience members are welcome to vote for their favorite participant. This is a singing competition. **The final round will be held on Thursday, Dec. 17, 5:30-7:30 p.m., at the Healthplex®.**

CKHS Lecture Series

Senior Health Services offers the CKHS Lecture Series at several Delaware County locations.

Making Your Way Through the Medicare Maze

Featuring Susan Bradley, administrative director of Crozer-Keystone Managed Care, and Margaret Stevens, triage clinician for Crozer-Keystone Senior Health Services

Thursday, Nov. 12 | 5-7 p.m.

Media Borough Hall, Mansion Parlor Room
301 N. Jackson Street, Media

Wednesday, Nov. 18 | 1-2 p.m.

Crozer Medical Plaza at Brinton Lake
300 Evergreen Dr., Glen Mills

For more information or to register, call **1-800-CK-HEALTH (1-800-254-3258)**



*We're 5 hospitals, 2,600 doctors and nurses, and 6,800 caring people with 1 vision.
Crozer-Keystone. Something to feel good about.*

Crozer-Keystone physicians are those doctors who hold staff privileges at CKHS-owned hospitals. They may not be employees of CKHS or its subsidiaries.