



Pictured with the physicians of the Crozer-Keystone Sleep Centers is patient Joe Falato.

An overnight success. For 30 years.

For decades we've helped the people of Delaware County get back their nights — and their lives. Because the symptoms of a chronic sleep disorder can go far beyond overuse of caffeine. Things like restlessness, fatigue, dozing and irritability. A feeling that you're never at your best. Sound familiar? What you may not know is that not sleeping soundly can lead to more serious health problems if left untreated. The good news is that most sleep disorders are easily diagnosed and treated. You just have to make a change. Why not ask for help today? After all, the area's most experienced sleep specialists are right in your backyard — at the Crozer-Keystone Sleep Centers. For 30 years, we've helped people just like you put their sleep disorders to rest. [Call 1-888-SLEEP03 today to schedule an appointment.](tel:1-888-SLEEP03)

SLEEP APNEA
 RESTLESS LEG SYNDROME
 INSOMNIA
 SLEEPINESS & NARCOLEPSY
 SLEEP WALKING
 NIGHT TERRORS
 & DREAM PROBLEMS

HOTEL AMENITIES
 MULTIPLE LOCATIONS
 ACCREDITED

Crozer-Keystone Sleep Centers. Rest Assured. We can help.



CROZER-KEYSTONE SLEEP CENTERS

BRINTON LAKE ~ DELAWARE COUNTY MEMORIAL HOSPITAL ~ TAYLOR HOSPITAL

CALL **1-888-SLEEP03** (1-888-753-3703) OR

VISIT [HTTP://SLEEPCENTERS.CROZER.ORG](http://sleepcenters.crozer.org) TO LEARN MORE.

"Crozer-Keystone physicians" are those doctors who hold staff privileges at CKHS-owned hospitals. They may not be employees of CKHS or its subsidiaries.