



Personal

Education: B.A., Psychology, Vassar College, 1999; bachelor's of science in nursing, University of Pennsylvania, summa cum laude, 2004; master's of science in nursing, University of Pennsylvania, 2006. Certified Nurse Midwife and Women's Health Nurse Practitioner.

Hometown: Philadelphia, Pa.

Family: Husband and dog

Hobbies: Reading, bowling, spending time with friends, traveling.

Achievements

Number of years in practice: Two years

Achievement of which you are most proud: Graduating with my master's degree and becoming a midwife.

How you stay current on the latest OB/GYN trends: Reading journals and attending conferences and professional meetings.

Patients

Essential patient philosophy: My essential philosophy is that all patients, and in my case, women, deserve quality, holistic health care that addresses not only their physical needs, but also their social and psychological needs.

What patients say about you: As a new practitioner, I have had many of our patients express that they feel very comfortable with my approach. I am clear and concise, but also caring and a good listener.

Reflections

Why you became a midwife: I chose to become a midwife because of the philosophy of offering quality care and empowerment to the whole woman throughout her lifetime. I also agree with the belief that birth is a life-changing event and a normal body process, not a pathology.

What you enjoy most about your work: I love the relationships I have with my patients and the relationship we as a practice have with our patients. My colleagues are an amazing and supportive unit and are a joy to work with.

Most important lesson learned: The most important lesson I have learned is that I will always continue to learn something new every day.

Practical Matters

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